

# South Cotswold Food Tour

## The Cotswolds



## A one day itinerary showcasing the best food in the South Cotswolds

Stroud Farmer's Market – Abbey Home Farm – The Bear at Rodborough – Winstones Ice Cream Factory

- Buy local farm produce at Stroud Farmer's Market, Cornhill Market Place, Stroud.
- See how an organic farm works at Abbey Home Farm, Burford Road, Cirencester, GL7 5HF. 01285 640441.
- Enjoy Fine Dining at The Bear Hotel on Rodborough Common, Stroud, GL5 5DE. 01453 878522.
- Taste some locally made ice cream from Winstones Ice Cream Factory Shop, Green Acres, Rodborough Common, Stroud, GL5 5BX. 01453 873270.

### 9.00am – [Stroud Farmer's Market](#).

Visit the award winning farmer's market – one of the busiest and most popular in Britain. There are between 45 and 60 stalls selling locally produced food, with a range of free-range meat & poultry, free range eggs, organic fruit & veg, hand-made cakes and sweets as well as cooked food stalls if you can't wait to eat!

**10.30am – [Abbey Home Farm](#).** Visit the organic farm shop at Abbey Home Farm near Cirencester for a tour of the farm on a covered trailer, giving you the opportunity to see how the farm works and hear about farming techniques and conservation programmes. £1 for

adults, 50p for under 12s. Booking is advisable for the trailer tour, or if you would prefer to do a walking tour, this is free. When you're finished, head into the farm shop and spend as much time as you like browsing the farm-grown produce and cookery books. There is also a café where you can relax with a coffee or a glass of wine if it's after 12!

### 1.00pm – [The Bear at Rodborough](#).

Sitting up on Rodborough Common is The Bear – a luxury hotel with a wonderful restaurant. Lunch is served between 12.00pm and 2.30pm. The restaurant has developed close links with local food providers and serves Gloucestershire

Old Spot pork, Hereford Beef, Bibury Trout and Cerney Goat's Cheese. We recommend the 2 course menu.

**3.00pm –** After lunch have a short walk across Rodborough Common to the [Winstones Ice Cream factory shop](#). Winstones make and sell their ice cream right here on the common. Treat yourself to an ice cream or buy a tub for later on.

**4.00pm –** Head back to your accommodation/home and see what you can do with all the ingredients you bought! For some inspiration, why not try some of the Cotswold Chef's tasty recipes? Find out more... <http://www.thecotswoldchef.com/>

